

Weight & Fitness Room Information

Redford Community Center
12121 Hemingway
Redford MI 48239
313-387-2787

Membership:

- Open to ages 17 years and older (if you are 17 years of age you must have a parent/guardian signature before working out)
- Membership fee:
 - Residents- \$75 a year
 - Non-Residents- \$90 a year
 - Seniors 55 & older: \$40 a year (residents only)
- Proper ID required
- Waiver must be filled out and fee paid BEFORE working out.
- “NEW” Membership cards will be given when signing up. These are required to scan in and out of the weight/fitness room. Lost/stolen cards will cost \$5 for replacement.
- Sign up M-F in the Redford parks and Recreation Office 8:30am-4:30pm or after 3:30pm in the Youth Arcade.
- Checks can be made out to Redford Township (\$20 returned check fee + initial fee on all NSF checks)

Hours:

- **Monday- Thursday:** 9:00am-8:00pm
- **Friday:** 9:00am-7:00pm
- **Saturday:** 9am-1pm (seasonal hours will be posted- **no Saturdays during summer**)

(The weight room hours are in conjunction with the Youth Department. There may be days when the weight room may be closed for unforeseen reasons.)

Rules & Regulations:

- ✓ It is the members responsibility to ensure all weight equipment is wiped down before and after every use.
- ✓ All weights must be taken off equipment and re-racked.
- ✓ If any equipment breaks, please report to staff immediately. PLEASE DO NOT TRY TO FIX THIS YOURSELF.
- ✓ All machines, fans, and windows must be turned off and shut before leaving.
- ✓ Only registered members are allowed in the weight room, **absolutely no children or spectators are allowed in the room.**
- ✓ Failure to follow the weight room rules may result in weight room closure or your membership may be revoked.
- ✓ It is the responsibility of the member to know when their membership is expired each year. Your membership card will no longer work after this date.
- ✓ **NEW:** There will no longer be a sign in sheet on the door. You **must** have your membership card with you at all times to scan in and out of the Weight/Fitness Room. This scanner will be located inside the Youth Department when coming in.
- ✓ Please note: If your membership card is lost or stolen a \$5 fee will be charged in order to replace it. YOU MAY NOT WORK OUT WITHOUT THIS CARD, SORRY NO EXCEPTIONS.