



Redford Township COVID-19 Resources Guide

TABLE OF CONTENTS (click to skip to section)

- [COVID-19 Health and Cleanliness](#)
- [General Resources](#)
- [Food & Nutrition Resources](#)
- [In-Home Educational Materials](#)
- [Exercise and Recreation Activities](#)
- [Small Business and Workforce Resources](#)
- [Volunteer Opportunities](#)

IN CASE OF A MEDICAL EMERGENCY, CALL 9-1-1

ESSENTIAL SERVICES CONTACT INFORMATION

Building Department:

Building permits, New business, Home inspections, &
Rentals: 313-387-2860

Sanitation, grass, trees: 313-387-2641

Dog Licenses: 313-387-2670 press #8

Clerks Office: 313-387-2750 or by email
clerk@redfordtwp.com

Community Development: 313-387-2771

Leisure Services & Parks: 313-387-2650 or by email
leisureservices@redfordtwp.com

Police Department:

Non-emergency: 313-387-2551

Obtain accident reports: www.clemis.org

Obtain all other reports: 313-387-2531

Superintendents Office: 313-387-2760

Water Department: General number: 313-387-2670

Water turn-on/off, Billing questions, Final reads:
313-387-2664 or can email
(waterbilling@redfordtwp.com)



COVID-19 HEALTH AND CLEANLINESS RESOURCES

[Think you may be sick because of COVID-19?](#)

Please contact a medical provider remotely to be evaluated.

Call the Michigan COVID-19 Hotline at 888-535-6136.

Call Beaumont's COVID-19 Hotline at 800-592-4784

[Use Beaumont's COVID-19 Online Risk Assessment Tool](#)

[Frequently Asked Questions about COVID-19—Michigan Department of Health and Human Services](#)

[Tip Sheet for Older Individuals – Michigan Department of Health and Human Services](#)

[Disinfecting Your Home if Someone is Sick—Michigan Department of Health and Human Services](#)

- Note: Please refrain from flushing “flushable” wipes or anything other than toilet paper down the toilet.

[Guidance for Individuals Recovering from COVID-19 at Home – Michigan Department of Health and Human Services](#)

Disaster Distress Helpline – 1-800-985-5990 – U.S. Department of Health and Human Services

[Stress-Reducing Techniques – Michigan Medicine](#)

[Anxiety Reducing Exercises – Michigan Medicine](#)

[Deep Breathing Techniques – Michigan Medicine](#)

[5 Tips to Help Caregivers Practice Self-Care – Michigan Medicine](#)



GENERAL RESOURCES

[Contact the United Way by dialing 211 for general help finding healthy lunches for your children, parenting groups, or utility assistance.](#)

[United Way – Legal Aid and Defender Association](#)

[The Senior Alliance Friendly Reassurance Phone Program](#) – (800) 815-1112

FOOD RESOURCES

[Food Pantry's: Redford Interfaith Relief: Must call for criteria and schedule an appointment 313-387-9802](#)

[YMCA Grab and Go Meals for Children and Young Adults](#)

[CARES in Farmington Hills](#)

[Meals on Wheels Sign Up Page](#)

Student Meals Distribution: Please check school districts websites as sites and times can vary. Meals are FREE for anyone 18 years of age or younger.

Redford Union Schools: <https://www.redfordu.k12.mi.us/>

South Redford Schools: <https://www.southredford.org/>

[Curbside Food Service – Livonia Public Schools](#)

[Food Distribution Plan – Clarenceville School District](#)

[Gleaners' Community Distribution Sites](#)

[Grocery Delivery Services – Michigan Muslim Community Council – \(734\) 325-4134](#)

Grocery Stores and Other Businesses with Adjusted Hours for At-Risk Individuals or Essential Personnel

Walmart: 7 a.m. to 8:30 p.m.

Senior Day: Tuesdays 6 – 7 a.m. (March 24 to April 28)

Target: 8 a.m. to 9 p.m.

Senior Day: Wednesdays 8 – 9 a.m.

Walgreens: 9 a.m. to 9 p.m.

24-hour drive-through remain unchanged

Senior shopping every Tuesday 8 – 9 a.m.

Free shipping offered to seniors on online orders.



Meijer: 8 a.m. to 10 p.m.

Senior Days: Tuesdays and Thursdays 7 – 8 a.m.

Essential Workers Days: Mondays and Wednesdays 7 – 8 a.m.

Aldi: 9:30 a.m. to 6 p.m.

Vulnerable Shoppers' Hour: 8:30 a.m. – 9:30 a.m.

Busch's: 7 a.m. to 9 p.m.

CVS: hours unchanged

Whole Foods: 9 a.m. to 8 p.m.

Senior Day: Every day 8 - 9 a.m.

Larry's Foodland: has not announced modified hours

Stan's Market: has not announced modified hours

Kroger: 7 a.m. to 10 p.m.

Special hours for those 60+, expectant mothers, first responders, and those with compromised immune systems: 7 – 8 a.m. on Mondays, Wednesdays, and Fridays

Dollar General: 8 a.m. to 8 p.m. or 10 p.m. (depending on the store)

Senior Day: Every day 8 - 9 a.m.

Trader Joe's: 9 a.m. to 7 p.m.

Westborn Market: 8 a.m. to 7 p.m.

Joe's Produce and Gourmet Market: 9 a.m. to 8 p.m. (regular hours)

Value Center Market: has not announced modified hours

Sam's Club: 9 a.m. to 8 p.m. (Monday - Saturday); 10 a.m. to 6 p.m. (Sunday)

Shopping for those with compromised immune systems: 7 – 9 a.m.

Costco: 10 a.m. to 8:30 p.m. (Monday - Friday); 9:30 a.m. to 6 p.m. (Saturday)

10 a.m. to 6 p.m. (Sunday)

Senior/Physical Disabilities Day: Tuesdays and Thursdays 8 - 9 a.m.

BJ's Wholesale

Senior Shopping Hour: 8 – 9 a.m.



EDUCATIONAL RESOURCES

[Helping Young Kids Through the Coronavirus Crisis – Michigan Medicine – Department of Psychiatry](#)

[How to Talk to Teens About the New Coronavirus – Harvard Medical School](#)

[Detroit Public Television Education Resources for In-Home Learning](#)

Redford Township Library: Digital Collections & Resources <https://www.rtdl.org/>
Redford Union Schools: 313-242-4200 <https://www.redfordu.k12.mi.us/>
South Redford Schools: 313-535-4000 <https://www.southredford.org/>
Clarenceville Schools: 248-919-0400 <https://www.clarenceville.k12.mi.us>

Youth:

Virtual Sports Camps: Sports drills taught by coaches from the National Academy of Athletics
<http://nationalacademyofathletics.com/virtual-sports-camps>

Go Noodle: Free movement and mindfulness games <https://www.gonoodle.com>

Mindful Remote Learning: Foster Yoga <https://www.yogafoster.org/mindful-remote-learning>

Adults:

Do Yoga with Me: Free yoga videos <https://www.doyogawithme.com>

6-Minute Strength Routine for Seniors: <https://www.healthline.com/health/everyday-fitness/senior-workouts>

Recipes Smart Food Planer- Alliance for a Healthier Generation:

<https://foodplanner.healthiergeneration.org/recipes/>

Planet Fitness: Live streaming 20 minute workouts everyday on Facebook and YouTube Channels.

Orange Theory: 30 minute workout videos on YouTube page everyday

YMCA 360: A full list of at-home workouts and videos @ www.ymca360.org

Children & Family Activities

Nomster Chef: Illustrated recipes designed to help kids age 2-12 cook with their grown-ups. Recipes encourage culinary skills, literacy, math, and science. <https://www.nomsterchef.com/nomster-recipe-library>

Action for Healthy Kids: Game on Activities at Home <https://www.actionforhealthykids.org/game-on-activity-library>

Children & Nature Network: <https://www.findingnature.org/resources>

National Park Services: Parked at home, visit a park online

<https://www.nps.gov/subjects/npscelebrates/find-your-virtual-park.htm>

Healthy Eating Toolkit: Action for Healthy Kids <https://www.actionforhealthykids.org/nutrition-toolkit/>

Nature Poetry for Kids: Childhood by Nature <https://childhoodbynature.com/your-child-a-nature-poet>



FITNESS & WELLNESS RESOURCES
YMCA 360 Free On-Demand Exercise Videos
Resources to Maintain a Healthy Lifestyle Amidst COVID-19 Outbreak – American Heart Association



EMPLOYEE AND SMALL BUSINESS RESOURCES

[COVID-19 Resources -- Small Business Association of Michigan](#)

[Small Business Relief Program: Grants & Loans - Michigan Economic Development Corporation](#)

[Low Interest Disaster Loans to Help Businesses - U.S. Small Business Administration](#)

[Wayne County and TCF Bank Partner on Small Business Relief Loan Fund](#)

[Federal Disaster Loans for Businesses, Nonprofits, Homeowners, and Renters – U.S. Small Business Administration](#)

[Unemployment Insurance Agency – Michigan Department of Labor and Economic Opportunity](#)

- Please note that the State of Michigan and U.S. Department of Labor have entered into an agreement expanding who is eligible for unemployment benefits. This now includes self-employed individuals, 1099 contractors, gig workers, and freelancers.

[Employee Information on Rights During Public Health Emergencies – U.S. Department of Labor](#)

[Coronavirus Resources for Employers and Workers – Michigan Department of Health and Human Services](#)

[Detroit Regional Chamber of Commerce Coronavirus Resources Page](#)

Companies Hiring Now

[Sunset](#)

[Westborn Market](#)

[Amazon](#)

[Busch's](#)

[Aldi](#)

[Costco](#)

[Kroger](#)

[Dollar Tree/Family Dollar](#)

[Dollar General](#)

[Domino's](#)

[Meijer](#)

[Walmart](#)



[Target](#)
[DoorDash](#)
[Grubhub](#)
[UberEats](#)
[Postmates](#)
[Shipt](#)
[Instacart](#)

VOLUNTEER OPPORTUNITIES

[United Way of Southeast Michigan COVID-19 Volunteer Needs](#)

[Gleaner's Food Bank](#) – (866) 453-2637

[American Red Cross](#) - (800) 733-2767 – Blood Donations Needed!

Support Meals on Wheels – [Donate](#) or [Volunteer](#)



FREQUENTLY ASKED QUESTIONS ABOUT REDFORD'S RESPONSE TO COVID-19

Q: What can I do to keep my family safe during the COVID-19 outbreak?

A: Practicing good personal hygiene and social distancing are the best efforts we can all make to limit the spread of coronavirus. Wash your hands for at least 20 seconds, use hand sanitizer, cover coughs and sneezes with your arm, avoid large gatherings or crowds of people, and limit yourself to only essential errands.

Q: If a family member or I think we have been exposed to the virus or are exhibiting symptoms, what should we do?

A: Please call or contact a medical provider first to have your symptoms screened. At this time, not everyone's symptoms or medical history qualifies them for testing. Do not show up to a medical facility without first contacting a medical provider. You can call the Michigan COVID-19 Hotline at 888-535-6136 or Beaumont's COVID-19 Hotline at 800-592-4784. They also have an Online Risk Assessment Tool (https://secure.beaumont.org/VirtualScreening/?_ga=2.62743276.1166419404.1584651511-1583366453.1584374362).

Q: How will we find out more about COVID-19 cases in Redford?

A: The Wayne County Health Division oversees investigations into COVID-19 cases. They follow up with all individuals who may have been in medium or high-risk contact with the patient. If they cannot account for all medium and high-risk contacts, they will release exposure sites publicly.

Q: What are the differences between high, medium, and low risk categories for exposure?



A: The CDC has released guidelines on how it defines these different [risk levels on their website](#). The nature and extent of an individual's contact with Laboratory-confirmed case of COVID-19 corresponds with an individual risk category. Note that this is different from the idea of someone being "at greater risk" of COVID-19 health issues. The CDC has identified those with weakened immune systems, a history of respiratory issues, or other pre-existing health conditions, alongside the elderly, as at particular risk of COVID-19. **With this said—people of all ages are at risk of getting sick and hospitalized with COVID-19.**

Q: What does Governor Whitmer's "Stay Home, Stay Safe, Save Lives" Executive Order mean?

The order temporarily suspends in-person business operations that are not necessary to sustain or protect life. The order directs Michigan residents to remain at home unless they are a part of the critical infrastructure workforce, engaged in an outdoor activity, or performing health and safety tasks for themselves or family (e.g. going to the grocery store or the pharmacy). [The full text of her order can be found on the state of Michigan's website.](#)

Q: How long will Town Hall and other buildings remain closed?

A: Redford Town Hall, the Leo Snage Public Services Bldg., the Redford Community Center, the Redford Library and 17th District Court will remain closed until at least May 1st, at which time the potential for re-opening of each of these facilities will be considered. Please note that Redford Township will remain aligned with the State of Michigan and Centers for Disease Control and Prevention's recommendations as they are updated. President Trump recently extended social distancing guidelines until April 30, and Governor Whitmer will likely update her Executive Orders soon.

Q: What does these closure's mean?

A: Residents and visitors will not be allowed entry without a prior appointment, and all non-critical employees are working from home.

Q: What about Board of Trustee meetings?

A: The Clerk's office purchased Zoom's webinar package to be able to do Board of Trustee meetings without interruption. Stay tuned to the gov't channels, Redford TV and the Charter Township of Redford facebook page for additional information as it becomes available as other boards and commissions may also make use of this technology.



Q: I have township business to attend to – what do I do?

A: Drop boxes located behind Town Hall and at the Leo Snage Public Services Bldg. are available and can receive documents related to any business. These can be used to make payments for business licenses, water & tax payments, and court payments. Also, water & tax payments can use the DivDat at the Leo Snage Public Service Bldg.

Q: What does the reduction to critical services mean?

A: Police protection, fire and advanced life support services, road, water and sewer maintenance have all been deemed critical and will continue. However, non-critical and non-essential services may see a delayed response, and we hope residents will be patient as our on-site and remote staff works to serve you.

Q: How do I know what are reliable sources of news or information about COVID-19?

A: All residents are encouraged to seek out reliable information. Residents are also encouraged to visit the CDC's [Coronavirus Rumor Control](#) page.

Q: Are our parks open?

A: YES – with some important exceptions. All playground equipment is closed. It is important that all park visitors abide by social distancing practices.

Q: What is the status of trash collection, recycling, and yard waste?

A: As of this time, these services are continuing as normal. Contact GFL (844) 464-3587 with any questions or information you may need.

Q: I think I have witnessed price gouging at a store – what do I do?

A: Please call the hotline set up by the Michigan Attorney General's Office at (877) 765-8388.

Q: What changes to taxes or payments have happened as a result of COVID-19?



A: The federal and state tax deadline has been delayed 3 months until July 15. Governor Gretchen Whitmer has declared a temporary moratorium on water shut-offs statewide.

Q: What is the status of the Meals on Wheels program?

Wayne County continues to operate the Meals on Wheels program in Redford at this time, with meal delivery still taking place to residents. Most meals are delivered in frozen or shelf-stable packs of 5 meals to minimize contact as deliveries take place.

Q: What is the status of our library?

A: Our library is closed, but the book drop-off is open.

Q: I want to help or show my support– what can I do?

While we are all deeply grateful to our first responders and frontline medical professionals for their service and sacrifice during this crisis, please refrain from acts of appreciation that may have unintended consequences. The Governor's Executive Order prevents members of more than one household from gathering for any non-essential reason. Beaumont has set up a list of approved [community support activities](#) to thank our hospital staff.