

Charter Township of Redford www.redfordtwp.com
YOUNG AT HEART

November & December 2018

Supervisor

Tracey Schultz Kobylarz

Clerk

Garth J Christie

Treasurer

Lily Cavanagh

Trustees

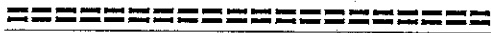
Linda Jackson
Elizabeth Kangas
Kim Taylor

Redford Senior Division
Located in the Redford
Community Center
12121 Hemingway

Dorothy Thompson
Senior Adult Advisor
313-387-2784

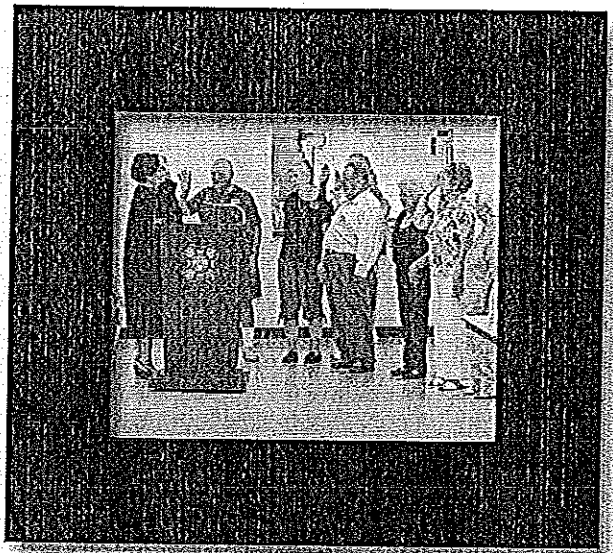
Dial A Ride 313-387-2784
Hours: 7:45 a.m.-3:45 p.m.

Nutritional Lunch Program
313-387-2778
8:00 a.m.-Noon
Monday-Friday



Senior Club Officers

August Kornowicz, **President**
Lois Wludyka, **Vice President**
Carol Ouellette, **Secretary**
Cheryl Cunningham, **Health**
Kenneth Lux, **Treasurer**
Garth Christie, **Legislation**
Florence Crowley, **Membership**
Jennie Marsalese, **Media Relations**
Kenneth Bald, **Hospitality**
Julian Pierzecki, **Hospitality**
Diane & Barry Matukaitis, **Hospitality**



REDFORD SENIOR CLUB
27345 Schoolcraft Road
Redford MI 48239

Calendar of Events

1st Wednesday of the month 10:30-11:30 a.m.- Bingo
Noon--Business Meeting

3rd Wednesday of the month 10:30-11:30 a.m. Bingo
Noon--General Meeting

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Pleased Be Advised the Club Will Not Meet When Schools Are Closed due to Bad Weather.

Please Make Checks Payable to: Redford Senior Club
NEW MEMBERS \$17 YEAR/ Returning Members \$10 year

November 7th Thanksgiving Dinner Cost \$10 per person
Purchase tickets in advance

November 21 Regular Meeting

December 5th Pearl Harbor Day

December 19th Christmas Dinner at V.F.W. Cost is \$20
No Tickets Sold at the Door

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REDFORD CHAPTER 0052
OF TOPS

Take pounds Sensibly is a national organization that meets at the Redford Community Center every Wednesday from 11:00 a.m. to 1:00 p.m.

Come join for \$32 per year and \$5 per week.
Get support from peers who understand your journey to a healthier new you!

FREE 55 +
8 week series for 1st time Redford residents
Senior

WALKING/ EXERCISE CLASS **PATHWAY TO HEALTHIER MICHIGAN**

Nov 29th- Jan 24, 2019 Thursdays
10:45 am no class 12/27

or

Nov 29th - Jan 24, 2019 Thursdays
1:15 pm no class 12/27

Redford Leisure Services is happy to offer an exciting class. Sessions led by Bonnie-Certified Personal Trainer & Exercise Specialist along with her assistant Brittany. Bonnie will hold a fun & Informative walking & exercising class.

(Must be able to walk 12-15 minutes continuously)

Become stronger to help maintain your independence!

Free for 1st timers of Redford Twp.

All others & returnees Only \$10:00 per 8 week series!

MUST sign up soon & fill paperwork with
Redford Leisure Services 313-387-2784



The 19th Annual Thanksgiving Day Dinner

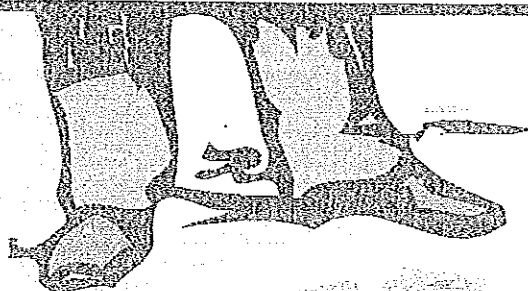
Sponsored by Our Lady of Loretto and the Business Community

Come join the festivities on Thursday, November 22, 2018

Don't be alone for the holiday! Everyone is invited – couples,
singles, and families are all welcome!

It's being held at Our Lady of Loretto Family Center
6 Mile & Beech Daly Roads from 2:00pm until 5:00pm

So please call the Rectory at 313.534.9000
on or before Monday, November 19th
for your reservation



November 2018

9:15 Yoga 10:00 Scrabble 11 a.m. Hot Lunch 12:30 Euchre 8:30-4:30 Snooker/Pool	8:30-4:00 Pool Tables 11 a.m. Hot Lunch 11:15 a.m. Single Deck 8:30-4:30 Snooker/Pool	11:00 Spanish Class 11 a.m. Hot Lunch 11:30 Take Off Pounds Sensibly Noon Senior Club at VFW Hall 12:30 Ball Room Dancing 6:45 P.M. Sq. Dance Lessons 8:30-4:30 Snooker/Pool	10:30 Tai Chi 10:45 Pathway Walking 11:00 Hot Lunch Noon Tai Chi 1:15 Pathway Walking 10:00 Cooking Matters	8:30-4:00 Pool Tables 8:30-4:30 Snooker/Pool 9:30 Chair Yoga 10:45 Forever Fit 11 a.m. Hot Lunch 1:00 NO BINGO	2
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CENTER CLOSED HAPPY HOLIDAYS	CENTER CLOSED HAPPY HOLIDAYS	CENTER CLOSED HAPPY HOLIDAYS	DECEMBER 2018		31	1			